

A 500 YEAR OLD HERBAL ELIXIR FOR SKIN PROBLEMS AND BODY PAINS THAT HARDLY GO AWAY.

A TRUE STORY WITH AUTHENTIC DOCUMENTS about an ancient HERBAL ELIXIR,
which was made by the french monks who lived at the beginning of the 1500s
for the serious SKIN DISEASES AND BODY PAINS of soldiers fighting in wars!

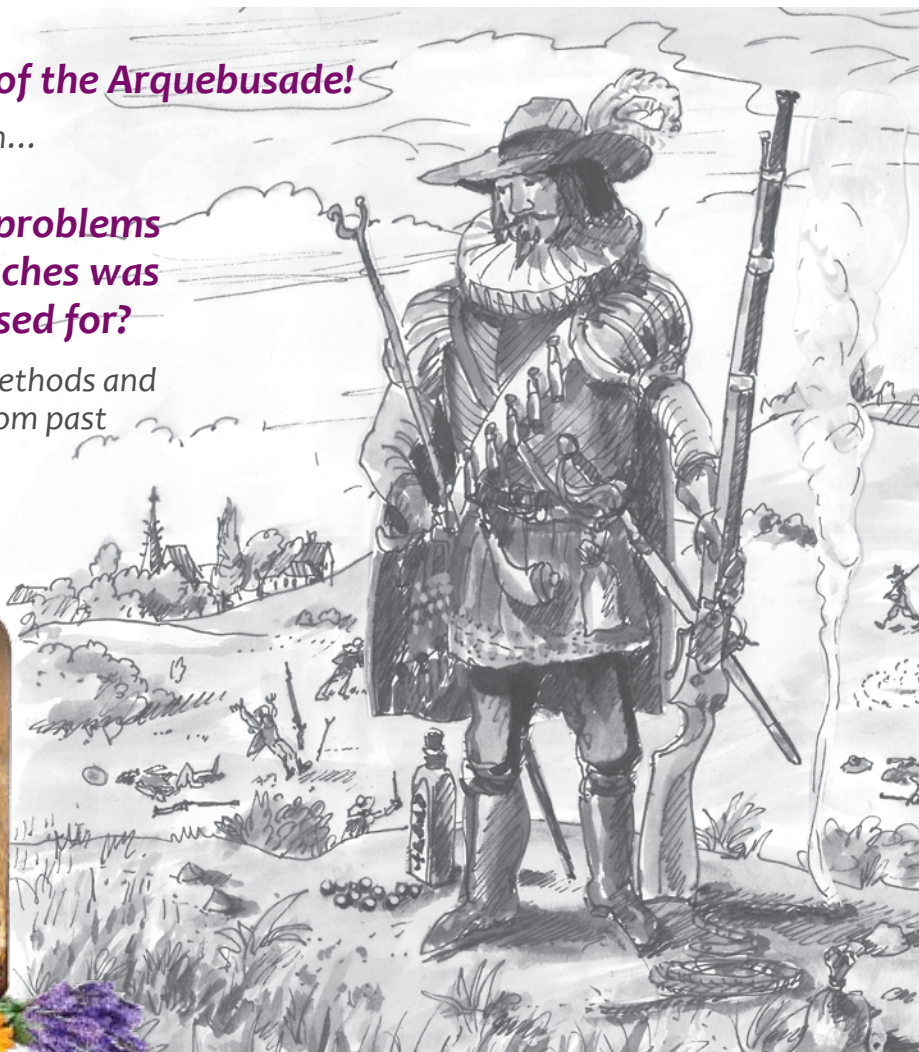
THE ELIXIR OF LIFE FROM THE XVI CENTURY

True story of the Arquebusade!

As it all began...

**What skin problems
and body aches was
the Elixir used for?**

Application methods and
user guides from past
centuries!



EXTRACT FROM AN AUTHENTIC CULTURAL HISTORY BOOK ABOUT THE HISTORY OF THE ARQUEBUSADE ELIXIR.
THE EXTRACT AND THE FULL CONTENT OF THE ARQUEBUSADE ELIXIR ARE COPYRIGHTED!

Introduction of naturopath Arnold Landgraf's documentary book



I have been dealing with natural medicine for more than 10 years, but even before that I have always been interested in healing people! For me, my job is my passion because it is an exciting and challenging activity. Not only do I help people who come to me to heal, but **I am constantly looking for those natural alternatives that I can give people to help their healing further!**

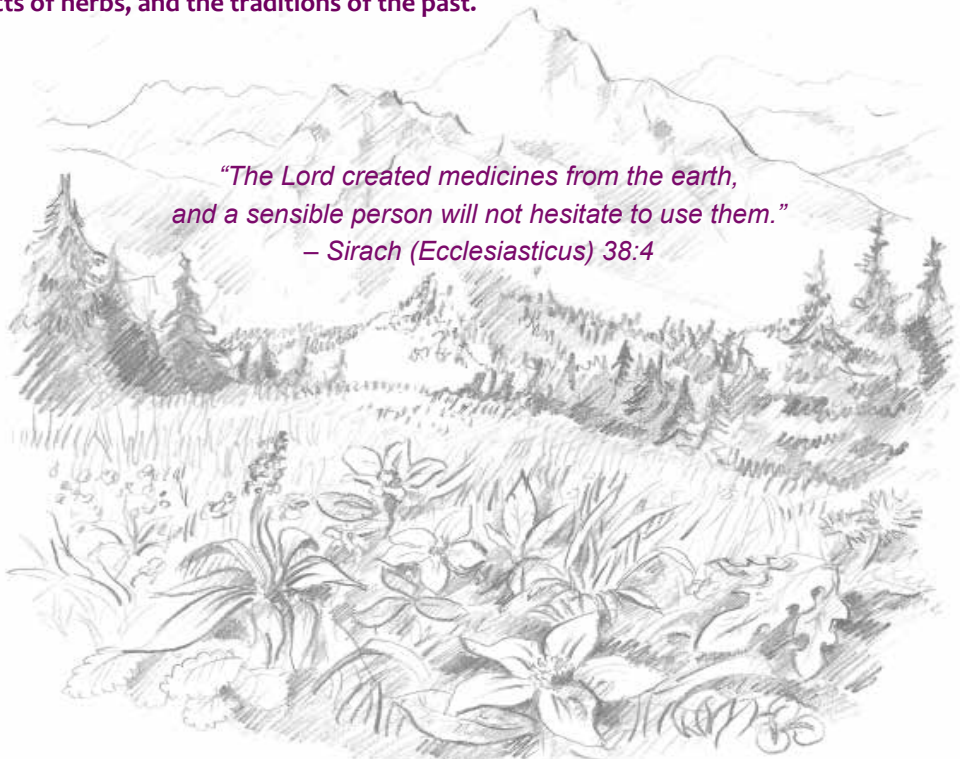
This is how I found this ancient herbal remedy in 2001, which has been known since the 1500s, and is called the Arquebusade Elixir. This ancient Elixir of herbs is a wonderful gift from monks who lived in the past and has many beneficial effects for people today.

I was very interested in the Elixir and I fell in love with it immediately the day I saw it. **This love still persists** as I have been using this Herbal Elixir for the last 16 years, originally introduced for French soldiers fighting in wars in the 1500s for **their wounds, chronic skin problems and physical pains.**

Over the years, I always wanted to go after the story of this Elixir and get to know not only its hundreds of years of history, but also its current history. In recent years, I have spent some of my free time researching!

My thoughts have been followed by impetus, and after 16 years I decided to write a book about this special Herbal Elixir, which has remained through the centuries up to current times.

This small explanatory book is not only about the ancient Elixir of Arquebusade, but it can also be useful for people interested in natural and alternative therapies, the wonderful effects of herbs, and the traditions of the past.



*"The Lord created medicines from the earth,
and a sensible person will not hesitate to use them."*

– Sirach (Ecclesiasticus) 38:4

Before embarking on the discovery of this fantastic ancient medicine, I suggest getting to know some basic concepts about herbs!

Plants, which are used in different ways for their beneficial and healing effect to the body are **called herbs**. Parts of herbs containing active ingredients (seeds, fruits, flowers, leaves, roots, tubers, onions) that are collected and preserved by drying for medicinal purposes **are called drugs**.

Herbal therapy uses herbal drugs and isolated drugs. The mechanisms of action of herbs are based on the principle of resonance, since the plant has an active ingredient (chemical composition), an information vibration which is specific to the given plant. A properly used natural drug is information for the sick body.

Herbs in general

If we look back at the history of healing over the last 2000 years of recorded time, more than 90% of this period had no other medicine for humankind other than the herb and its dried part, the drug.

Currently, more than 12,000 herbs are known in the world, although only about 6% of the earth's vegetation has been chemically studied (Petri et al, 1989). At the same time, according to data from 1999, we have available qualitative and quantitative analyses of 2–300 herbs only (Hänsel et al, 1999).

However, a number of compounds, which are indispensable for medicine, have been isolated from these herbs, such as alkaloids (the antipyretic kinin from the Chinese tree bark, the smooth muscle antispasmodic papaverine and the narcotic analgesic morphine from poppy seed), heart glycosides produced from foxglove, plant steroids that are the foundation of modern contraceptives, plant-derived antimicrobial compounds for widely used antibiotics, and other plant vitamins and flavonoids.

In fact, only a few people know that the active ingredient of world-famous antipyretic aspirin is of plant origin.

It is for another discussion that this compound has been produced synthetically for decades.

World Health Organisation (WHO) data from 1994 suggests that 90% of the world's population uses herbal medicine for healing, with 81% having never used synthetic medicine!

These data indicate that, in industrially underdeveloped countries, herbal drugs are of great therapeutic importance to date. By contrast, in developed countries, the significance of herbal medicines is not acknowledged enough.



Secrets with seven seals

Various historical periods have also brought about changes in the scientific approach, just as during the French Revolution. Before that, however, the natural sciences, including alchemy, medicine and astrology, had not yet become separate; and the knowledge that is now mystical was part of everyday life for people at that time. At the same time, **the medieval chemists preserved their knowledge as a seven-sealed secret and served mainly in royal courts or for high aristocratic nobility.**



The priceless traditions of antiquarian culture

The other great knowledge base was passed on by orders of monks. As codex copiers, monks saved the priceless manuscripts of antiquarian culture: the basic ancient works of astronomy, mathematics, geometry, medicine and philosophy. However, the wise ecclesiastics did not only deal with religious issues but specialised in different disciplines. There were orders for healing, such as the monastic hospitaller order who provided care for sick, poor or injured pilgrims. **The monks thus had not only extensive theoretical knowledge, but as the people of the age, lived together with nature, in communion and harmony with the world around them; the perfection and beauty of nature a metaphor for heaven on earth.**

They were natural therapists of their own age, knowing the herbs and their medicinal effects well. There were no synthetically produced drugs at that time! And having this knowledge, detailed here using today's terminology, thanks to their holistic thinking, they easily made distillates, essences and tinctures with wide-ranging effects and applications for healing. **There was no question for them of the unity of body and soul, nor that all living things have a soul too!** Plants, flowers and herbs with their actions and capabilities – including eating, growing, reproducing, sensing and moving – **all influenced by a nutritive soul.**

Why was the ancient Elixir born in the St-Antoine monastery?

According to classical Roman faith, the genius loci was the dominant ghost of a certain place, radiating from there. Usually the protective spirit of a house, or countryside. **One such radiant place was the monastery of St-Antoine** and the “creative community” that had evolved there over the centuries, with its corresponding order of monks.

At the request of King Francis I of France, at the beginning of the 16th century, the monks made an extraordinarily effective herbal Elixir here, which was used to heal combat injuries of the wars and battles of the era, such as fire and stabbing wounds caused by muskets (medieval rifles), bruises, foot discomfort and injuries, and other bodily pains.

This versatile, highly effective Herbal Elixir, not only has the blessing of dozens of different herbs but it also has the “Spirit of Flowers”.

And such, it is a potent concentrate of vitality, thanks to its spiritual origins, which made it stand out from other similar products of the era.

Thanks to ‘fortune’, centuries later, this ancient Herbal Elixir, made in Switzerland in the Canton of Jura using the original recipe, and is available to all, **proclaiming the unity of body, soul and spirit.**



And now to discover the unique Arquebusade

The story of Arquebusade...

As it all began....

Mandated by King Francis I.

According to legend, at the beginning of the 1500s, King Francis I of France ordered monks to create an effective herbal extract for his soldiers' gunshot wounds caused by the Arquebuse musket used, along with the chronic skin problems and illnesses due to mental suffering by soldiers fighting in wars, and the easing of body pains received in these ruthless battles. Several monasteries began to fulfil the mandate given by the king to create a Herbal Elixir which could be used successfully to treat these gunshot wounds and any other skin injuries soldiers received during the war.

The most effective of them was presumably made in the monastery of St-Antoine in France, and which proved to be extremely effective!

The monks living in the 1500s named their Herbal Water after the shot of a medieval gun (coup d'Arquebuse), so it became known as "ARQUEBUSADE WATER". (Its original name was Vulnerary Arquebusade Water; in French: Eau vulnéraire dite Arquebusade.) The English translation is "Wound Healing Water of the Arquebuse gunshot".

We can consider this Arquebusade Elixir to be THE REAL ARQUEBUSADE WATER (in French: LA VERITABLE EAU VULNERAIRE D'ARQUEBUSADE). This was the Arquebusade Water that the **French armies** have had for their use since the 16th century!

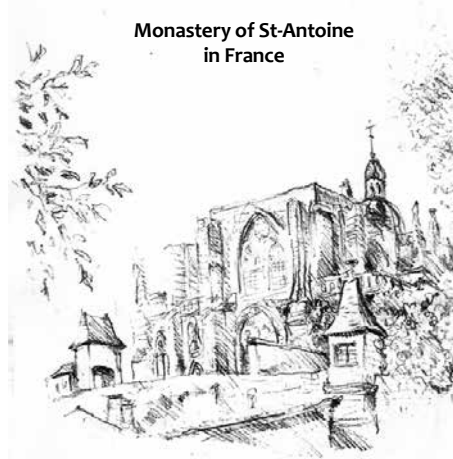
This wonderful Herbal Elixir of the monks who lived in the French St. Anton monastery was introduced to posterity by Nicola Lemery in the mid-1600s. Lemery was a doctor, chemist, and Louis the XIV's (the Sun King) apothecary. Lemery was a prominent intellectual luminary of his time and in 1699 was appointed to the Royal Academy of Sciences (born on 17 November 1645 and died in Paris 18 June 1715).

It was Fabre and Bouet, two apothecaries from Lausanne who continued the production of Arquebusade Water from the 1790s using the original recipe of the Arquebusade Elixir written in the 1600s.

(Comments: Over the centuries, various records, written documents, correspondence, invoices, and a recipe remained for two types of Arquebusade Water. **One of the Arquebusade Waters** was made from the beginning of the 1500s to the 1790s! Pertaining to the **second Arquebusade Water from 1790**, there are numerous original documents such as correspondences and invoices written in quill pen from 1791–1792 remaining.

Today, a Swiss company true to the original history, produces genuine Arquebusade Waters, in two different compositions!

Monastery of St-Antoine
in France



The Arquebusade Elixir has been used by French armies since the 16th century

The beneficial effects of the Arquebusade Water quickly reached the civilian population. From that time on, people started using it for their skin infections and other bodily problems. They guarded it as a real home medicine in their cabinets, which was at hand when needed.

In addition to the original preserved prescription, no other official record of this period for production and distribution has been found to date. This changed in 1790, when two pharmacists of Lausanne, Fabre & Bouet, started producing and marketing the “Elixir of Heavy Guns” across Europe. This is confirmed by many archive documents!

Archive documents from the 1790s provided by Mr. Fabre and Bouet!

St. Antoine monastery where the Arquebusade Elixir was first made.



The Arquebusade elixir was also used in the royal court of Louis XIV of France.



Invoices written with quill from 1791 to 1792 issued by the Fabre and Bouet trading house.



The exportation of a Lausanne product to 19th century England. The sample product of Fabre and Bouet trading house.



A publication from the 1900s about the external use of the Arquebusade Water.



From France to Switzerland

In turbulent and religious medieval France, monks and their followers were regularly persecuted. During that time many monks had to escape. In this period, two monks fled to Switzerland where they could continue their work. This is how the French monks' Arquebusade Water recipe was brought to Switzerland, where they continued to explore the various medicinal effects of Alpine herbs and continued to care for the population.

According to archival documents, the composition and manufacturing description of the recipe written in the mid-1600s was used by the two Swiss pharmacists, Fabre & Bouet, to produce their Arquebusade Elixir from the 1790s!

The efficiency of the Arquebusade Water made by Fabre & Bouet was well known throughout Europe and had a great reputation. The trading house founded by Fabre and Bouet in 1790 can be considered the first official producer of Arquebusade Water. We can say that as numerous original documents such as correspondences and invoices from 1791–1792 remained solely from them.

Today, the Arquebusade Water stemming from monks living in the 1500s, and based on the ORIGINAL RECIPE from the 1600s, is produced by a Swiss company.

The true story of Arquebusade Elixir is still alive today because this Swiss company continues to produce the genuine Arquebusade Water of the monks who lived in the 1500s and was continued by Fabre and Bouet in the 1790s. But they are not just continuing to produce Arquebusade Water; they also want to share with you the unique essence of this true story, which is love of people, helping others when possible, respect for the values of the past and preserving and passing on the ancient traditions, culture and knowledge!

ARQUEBUSADE WATER was also called the **ELIXIR of LIFE** during war times, as it saved the lives of wounded soldiers many times! This Elixir has also been on the list of military remedies by the French armies since the 16th century!



The Arquebusade Elixir was also called the remedy of the wars, as it has saved, many times, the life of soldiers.

Monks prepared the elixir for soldiers by the command of King Francis I.

This **ELIXIR**, -in other words the **Arquebusade Water**- was also used by the **apothecary of King Louis XIV!** In the royal court, the ladies of the court also loved to care for their skin and body with the **100% natural herbal Elixir!**



Louis XIV the Sun King and his physician and even the ladies of the royal court used the Herbal Elixir!

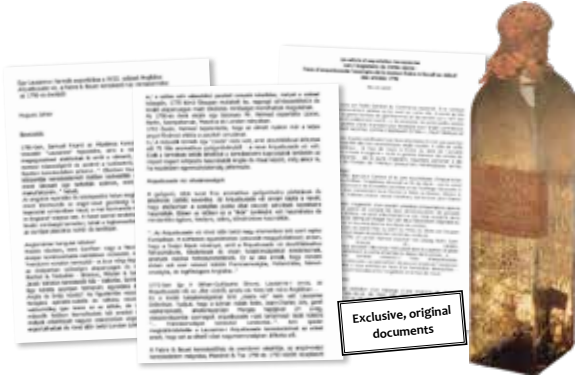
Over the centuries the Herbal Elixir was accepted as a means of payment!

The beneficial effect of the **ARQUEBUSADE WATER** quickly reached the civilian populations. From the middle of 1500s people started using it for their skin infections and other body pains. They kept it in their cabinets as a **TREASURE**, which was at hand when needed.

This is still the case today because the **Arquebusade Water** did not disappear over the centuries! The Elixir was a great help to people 500 years ago as it is **TODAY!** The production of **Arquebusade Water** was continued in the following centuries because people still needed its beneficial effects

Original documents from past century

Fabre & Bouet trading house exporting a shipment of Arquebusade Water sample product from Lausanne to the 18th century of England.

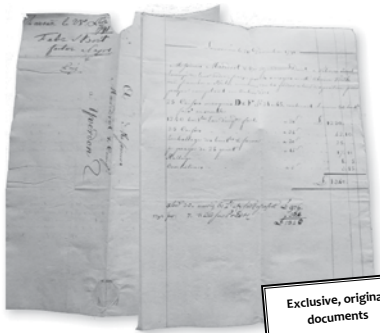


Exclusive, original documents

The picture shows an original ARQUEBUSADE ELIXIR bottled in the 1600s.

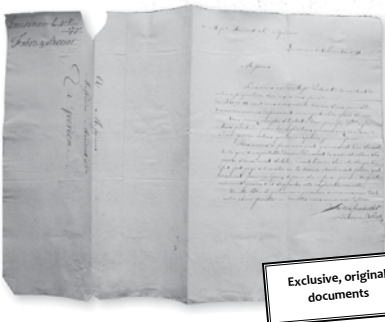
Archive documents prove that the ELIXIR of LIFE, was well known throughout in Europe and had a great reputation! It was known in England, Germany, France, Switzerland, Belgium, the Netherlands, among others. It was also accepted as a means of payment in several countries !

Original invoice of Arquebusade Herbal Elixir written with quill from 1791!

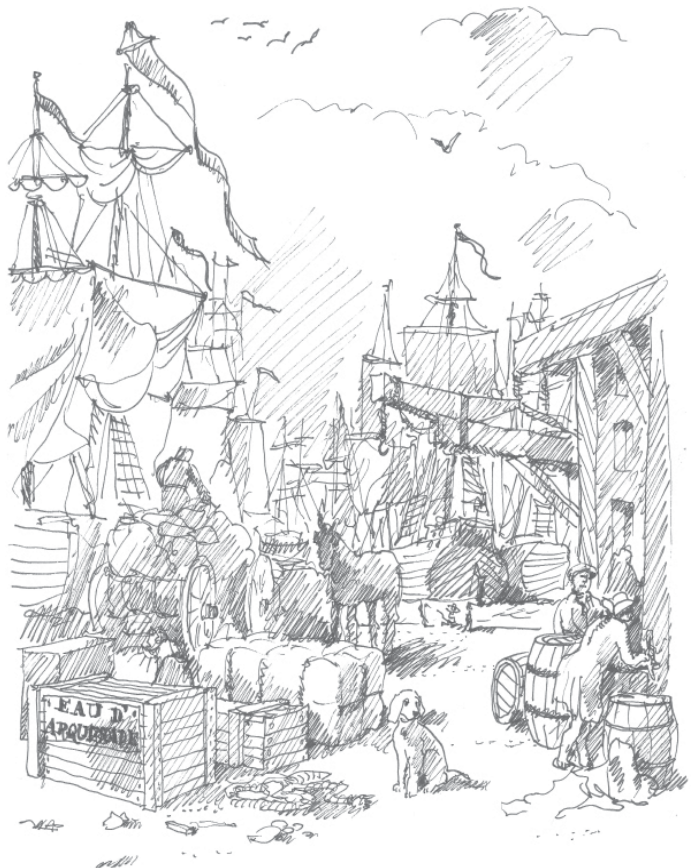


Exclusive, original documents

Correspondence of the trading house from 1791 selling Herbal Elixir to an Yverdon client, Mandrot & Co.



Exclusive, original documents



The Arquebusade Water packed in wooden crates and waxed canvas, often arrived in the ports of London.

What was this Herbal Water used for in previous centuries across Europe?

> Skin problems:

Wounds developed on legs and body, Ulcers, Rosacea, Psoriasis, Eczema, Itching erysipelas, Acne, Burning and scalding, Seborrheic dermatitis, Herpes, Vasculitis, Severe dyshidrosis, Skin Irritations, Brown spots on face and hands

> Muscle aches and body pains:

Rheumatic muscle pains, Neck and back pains, Painful thighs and calves, Foot swelling, Painful haemorrhoids, Painful corns on the foot, Inward growing warts

> Mouth problems:

For oral wounds, Toothache, Mouth ulcers, Gum abrasion, Sore throat

> Outdoor activities:

Sunburn, Insect and plant bites, Accidents from falling (bruises and bumps), Bruises and sprains, Freezing, Cuts

> Scalp problems:

Hair loss, Dandruff, Itchy scalp



In addition to those listed above the ARQUEBUSADE also had an extremely complex way to use! This also allowed the soldiers to take daily BODY and ORAL CARE!

This complex way of use could be translated in this way for the people living today!

Complete oral hygiene throughout the day! Clean, pleasant fresh breath, either during a long meeting or during traveling (e.g., on long flying journeys, or for several hours in the car), spending time with your friends, or with the family at home!

After the morning shower 100% natural body care!

Due to its antibacterial effect the complete deodorizing of the hands, the legs, armpits and intimate parts throughout the day! They sprinkled the desired body part with the herbal extract then lightly massaged it in 4 to 5 times a day! It was also excellent in foot care, minimized foot odour and sweating of the feet and stopped itchy feet!



How was it possible for this ancient Herbal Elixir to be so effective and to be used in so many ways?

The answer is the sophisticated knowledge of monks that they gained throughout a lifetime

It certainly caught the reader's attention how versatile this ancient Elixir is and how many ways it can be applied to skin and body problems. Unfortunately, **in today's age, the widespread view is that "what is good for everything is good for nothing!"**

However, in the 16th and 17th centuries when this Elixir was first made, and in the preceding centuries of the Middle Ages, people **followed a whole different set of fundamental thoughts and worldview.**

During that time, the monks lived their lives according to analogous thinking. This meant that they were looking for similarities in the world. They drew parallels between events and **made their healing elixirs, creams, tinctures and other impressive remedies along the lines of universal context and regularities.**

Conversely, people of today, especially those living in Western cultures, consider matters as separate. Moreover, these things are not only separated but almost invariably confronted. In the modern day, we are unable to see and do not even look for, such relationships that monks of the medieval period were able to discern and that characterised them.

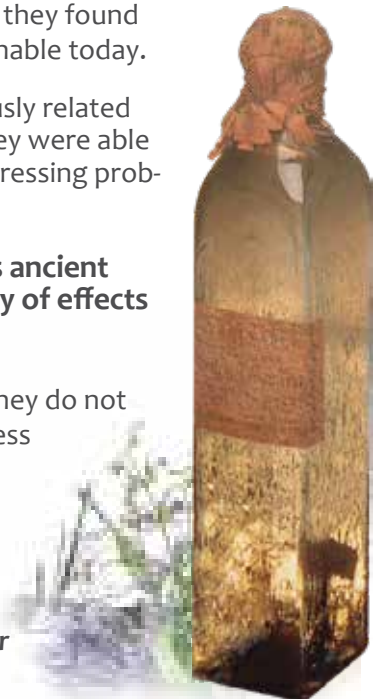
Monks passed on their knowledge gained throughout their lives from generation to generation, and as a result, they were able to see inconceivable correlations. Thanks to these discoveries, they found solutions to such complex problems that seem unimaginable today.

It is invisible to us, but the monks discovered the obviously related things through thinking in the universal context, and they were able to create agents what they could effectively use for addressing problems in many areas at the same time.

Due to this enormous experience of the monks, this ancient Herbal Elixir was able to produce such a wide variety of effects and did it very effectively.

Herbal treatments have isopathic effects, which mean they do not suppress the symptoms, but they help the healing process by nourishing the body and skin.

In the picture, a bottle of 300-year-old Herbal Elixir shown in a Swiss museum.



Ancient documents, correspondences, contemporary methods for uses, original invoices for the Herbal Elixir preserved for posterity:

The following document, dating back to the 1900s, describes contemporary 20th-century uses for skin disorders and body pains where the Herbal Elixir may be applied.



Referencia: EDA International 2004

The problem of Herbal Elixir counterfeiting remains a relevant issue today, as there are manufacturers and distributors who are offering imitation Herbal Elixirs with a completely uncertain composition and without a history of authenticity or an ancient recipe!

How soldiers and civilians used the Elixir through the centuries

Waist, neck, back pain: directly applied the elixir to the painful area 6 to 8 times a day and then they massaged it in well. The pain soothing effect was dramatic!



Foot pain, leg swelling: applied the elixir to the leg in the morning after bathing and during the day 2-3 times and massaged it in well.

Sore thighs, calves: sprayed the painful area several times 6 - 8 daily times and then vigorously massaged it.



Wounds, ulcer: at first gently applied only to the edge of the wounds several times a day. Many times it caused strong stinging feeling therefore, it was diluted with water in 2 to 1. After that larger area of the wound was treated and the wounds were always allowed to ventilate, was not bandaged while using the elixir. They often placed a linen cloth soaked with Elixir on the wound.



Oral problems: infections in the mouth, toothache, gums abrasion, mucositis, aphthous:

for infections at first a teaspoon of the elixir was taken into the mouth and rinsed it well, then lubricated the problematic inner mouth or teeth 6 to 8 times a day.



Additional usage suggestions from old documents and writings!

Orbánc (erysipelas): applied 6 to 8 times a day directly to the problematic skin surface and then lightly stroked into the skin. The soothing and pain relieving effect was felt within minutes!



Psoriasis: lubricated the skin surface several times a day (6 to 8 times) then allowed the elixir to be absorbed.

Rosacea: lubricated the skin surface several times a day (6 to 8 times) then allowed it to be absorbed. Improvement started after a week.

Vasculitis: they applied to the skin several times a day (6 to 8 times) and allowed it to be absorbed while lightly stroking it into the skin.

Burning, scalding: immediately sprayed or sprinkled the burned skin, what they repeated 8 to 10 times a day. Its skin rejuvenating and skin regenerating effect was famous among the soldiers.

Seborrheic dermatitis (recurrent on scalp and face, also associated with severe weeping inflammation): sprayed the problematic skin surface several times a day and left it absorbed while lightly stroking it into the skin.



Rheumatic muscle pain: applied directly to the sore muscles, and then massaged it strongly into the muscle. Repeated a few times within 15–20 minutes

Neck stiffness: sprinkled directly to the neck, and then massaged it well into the muscle until the pain it ceased.



Sore throat: eat first they rinsed the mouth with a teaspoon of herbal elixir. They gargled for about 1 minute lowering the Elixir deep into the throat. Then they spat it out.

Then they held the next teaspoon of Elixir deep into the throat, gargled for a long time, and then spat out again. Or they lubricated the throat several times a day with a swab dipped into the Elixir.



Painful hemorrhoids: applied the Elixir directly onto the painful haemorrhoids several times in a day and then left absorbed.

Herpes on the face, body or mouth: lubricated the problematic skin with a swab dipped into the Elixir several times a day and then left it absorbed. It had a very fast effect. Within a few hours, the symptoms decreased, and the pain was immediately relieved.

For centuries
the Arquebusade Water
has been a great help
to soldiers and civilians
in their everyday struggle!



The media often write about this ancient Elixir even today!

Why? Because it has proven beneficial to people for centuries;
it has been passed down and never forgotten!

An article from the French
Plantes & Sante magazine!



This ancient Elixir was originally
made from 24 herbs and later
from 75 herbs!



The Herbal Elixir was used the first time in wars by the musketeers in the 16th century!

Soldiers not only treated their skin injuries, horrific gunshot and stab wounds, bedsores
and skin infections, but also eased their body pains received during combat
with the Herbal Elixir!

For example, for their aching feet, back, neck, muscle aches, bruises, sprains, joint
pains, scalp problems and foot pain caused by military footwear!

They have even used it for mouth infections, sore throats, gingivitis, other gum problems
and their toothache. It has been used successfully against stings of spiders, other insects
and plants!

Hundreds of experiences have been published about the ancient Elixir in various magazines!

Tens of thousands of people in Europe, America, Australia, Asia and around the world use the Herbal Elixir as a herbal body care lotion to restore their skin, face and body!

Whoever uses it loves it!

Thanks to its beneficial effects on skin and for body aches, the Elixir has been reused in Europe and on other continents as well!

Thanks to its beneficial effects on skin and for body aches, the Elixir has been reused in Europe and on other continents as well!

Personally, as a naturopath, I am delighted that numerous health magazines, bio magazines, and women's magazines are happy to write about the ancient Elixir, its history, its beneficial effects, to help to make this truly special, centuries-old herbal extract known to the people of today.

Doing good every day for 500 years!

The Legend of the Heavy Guns (Musketeer's) Elixir goes from grandparents to grandchildren!



Some of the herbs found in the Ancient Elixir:

Some of the herbs in the ancient formula, such as medicinal sage, common comfrey and marigold, These herbs are sufficient weapons against many types of skin problems alone, and have the ability to restore the health of damaged skin! But the monks went much further than this and created a formula with such a wide range of impact complexity that the soldiers could use facing the wide variety of skin ailments, skin injuries, and bodily injuries and pains gained during the fighting!

(*Salvia officinalis*)
MEDICAL SAGE
The Queen
of herbs



One of the best herb for eczema, psoriasis and hard to heal wounds Anti-inflammatory and antibiotic effect

(*Symplium officinale*)
BLACK COMFREY
Popularly known
as wound soldering
grass.



Miraculous" plants for muscular and joint pains, and wound healing

(*Calendula officinalis*)
MARIGOLD
Its extraordinary
power has been
known since ancient
times



It is a plant for acne, eczema and skin disorders due to its strong disinfectants and anti-inflammatory properties

Wound healing, vasoconstrictor, hemostatic, scar-forming effect, hemorrhoids and varicose veins: Black Comfrey, Plantago, Mugwort, St. John's wort, Figwort



Symplium officinale



Plantago-lanceolata



Artemisia-abasinthium



Hypericum perforatum



Scrophularia-nodosa

Bacterial and antiviral effect, antibiotic and disinfectant effect:

Chamomile, Wood betony, Hyssop, Yarrow, Plantago



Chamaecelsum nobile



Stachys officinalis



Hyssopus officinalis



Achillea Millefolium



Plantago-lanceolata

Anti-inflammatory and analgesic effect:

Verbena, Wormwood leaf, Yarrow, Sanicle, Peppermint



Verbena officinalis



Artemisia-sulgaris



Achillea Millefolium



Sanicula-Europaea



Mentha piperita

From this little extract of the book you can clearly see how many areas this elixir has been used effectively for hundreds of years, initially by soldiers and then by the civilian population too!

While the experiences show improvements in physical conditions but did not mention effects on mental processes and energy levels, yet the experience of myself and my clients with more than 15 years of use of the elixir allows me to state that this herbal extract is certainly affects all three levels that define the holistic approach.

This is due to the vast knowledge that the monks have accumulated over many, many successive generations, both in terms of the active ingredients of herbs and in terms of processing procedures.

I'm not saying that ANCIENT ELIXIR made from herbs is a panacea and good for everything! But I can safely say that it has already helped many people solve their skin problems, physical ailments, and even helped them in cases that often seemed hopeless!

But if you are completely healthy, you can still enjoy the beneficial effects of these wonderful herbs because it can make your stressful of life easier and happier.

500 YEARS AGO, THE MONKS LIVING IN THE MONASTERY OF ST. ANTOIN MADE A SPECIAL ELIXIR FROM HERBS! THIS ELIXIR HAS BEEN MADE WITH GREAT CARE AND COMPETENCE TO HELP SOLDIERS WITH SKIN AILMENTS AND PHYSICAL ACHES!



I wholeheartedly recommend this ancient treasure, this wonderful gift of the monks from the 1500s to everyone!

Arnold Landgraf, naturopath

Book review by:

Dr. Sándor Szabó Honorary President of the Hungarian Chamber of Pharmacists

I am a committed devotee of tradition, both in the arts and in healing. The first physician–pharmacist was perhaps the ancestral mother, who used to sprinkle her feverish child with fresh spring water, cover the wounds of the hunter injured in the battle with moss, and bind it with linen.

The science of healing has always drawn its knowledge from the gifts of nature and herbs. (The animal also, in case of disease, switches to grazing plants that are avoided when healthy.)

Synthetic drug production has a tradition of barely 100 years, but these products reach only 20% of the population – for financial reasons – whereas 80% of the world’s population still uses herbal medicine.

Frederick II in 1241, separated medical and pharmaceutical activities, and as a result, doctors became specialists and medicines became specialties, so individual therapy and magisterial medicine were neglected. This individual phytotherapy research and development took place in monastic monasteries.

A prime example of this is the ancient Herbal Elixir, the professional and commercial success of which was founded by the Fabre & Bouet trading house in the 18th century.

The centuries-old application methods of the Swiss Elixir made by using the original recipe and recent experiences have confirmed the original recommendations and highlighted new applications.

Based on the positive changes experienced by experts and users, as well as my own research, I feel that this **ancient Herbal Elixir** can be considered a very economical, broad-spectrum and unique home pharmacy in its own kind.

**Dr. Sándor Szabó, Honorary President
of the Hungarian Chamber of Pharmacists**

